POP UP COMMUNITY NEWS

Mapleton and surrounds, Queensland

29 February 2024 Issue 381

WHAT IS ON THIS WEEKEND?

** Sunday 3rd March, Spring Pastures Bushcase Group 8am-10am.

** Sunday 3rd March, Various 'Clean up Australia' events.

** Sunday 3rd March, Montville koala tree planting, Hinterland Bush Links.

More details within this edition.

GYM NEWS

Myth: Strength training is only for bodybuilders

Extract taken from: https://www.heartandstroke.ca/articles/6-common-myths-about-exercising

Strength training is for everyone! The World Health Organization recommends strengthening activities twice weekly.

This doesn't mean you have to start lifting heavy weights at the gym. Your goal could just be to maintain your strength. And you don't need a set of weights either. A resistance band will do, or anything you can find in your kitchen pantry. You can also do exercises using your body's weight as resistance, such as push-ups (modified push-ups on a chair or against a wall are ways to make it easier), squats or simple exercises like standing up from a chair.

It is even more important to concentrate on strengthening exercises the older we get. Ten percent of adults over 65 years have sarcopenia (a rapid loss of muscle mass and strength) but strength training is one of the better treatments.

Strength training can reduce pain from arthritis, improve sleep, strengthen bones and reduce back pain. And it's never too late to start - even people over 90 years of age can benefit from strength training!

Range Community Gym & Fitness Centre

5 Post Office Rd, Mapleton (behind the Mapleton Bowls Club)

www.rangecommunitygym.com.au

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JOIN IN TO CARE FOR OUR MAPLETON BUSHLAND

Be part of the **Spring Pastures Bushcare Group**. Working bees are the first Sunday of every month, from 8am–10am. Please meet at the Spring Pastures Drive Bushland Reserve Network, Mapleton.

The Group gathers monthly to restore native vegetation in the Spring Pastures Bushland Conservation Reserve, a vast area below Mapleton that was once farmland. Efforts are focused on enhancing native vegetation regrowth along creeks and walking tracks within the reserve, improving creek health and habitat. The group has removed large amounts of invasive weeds, like lantana and privet, promoting the regeneration of native species. Birds such as the Pacific Baza have even returned to the area. Everybody is welcome to come along and join in!

Sunshine Coast Council provides: morning tea, equipment, gloves and guidance.

Please bring: enclosed footwear, long sleeve shirt and pants, hat, sunscreen and a water bottle.

For more information or to register your interest email Megan at bushcare@sunshinecoast.qld.gov.au

Next date: Sunday 3rd March

Artist: nita

MEADOW ARGUS

This butterfly is common in woodlands, grasslands and gardens.

Frequently observed across the Range and Hinterland.

LOOKING FOR A RECENT RELEASE OR POPULAR TITLES?

Check out the Book Shop inside the Mapleton Library and Community Centre

ONLY $3 each

Opening hours: 2pm to 5pm week days; 9am to noon Saturday.

QCCC WEEKLY ACTIVITY

Some respite from the music camps of recent weekends, this weekend the facility is reserved for a private function. On Monday morning two schools arrive. The larger one arrives from the Gold Coast for a Grade 8 camp and the other from Brisbane for their Grade 5 Camp. A big changeover day on Wednesday sees the outgoing schools replaced with a Year 6 camp from the northern suburbs of Brisbane, and a Grade 7 Camp from the Gold Coast Hinterland.

Trespass on QCCC properties

In recent weeks our staff have had to confront several intruders on QCCC properties, in accordance with our Children and Youth Risk Management Strategy. We would like to take the opportunity to clarify why it is necessary for QCCC staff to immediately address incidents of trespass. While we understand our open paddocks and waterways are an attractive parkland setting, the reality is our property is both zoned and considered an educational institution. At any given time, there are up to 300 minors using the entirety of the property (for example orienteering is a free-roaming exercise using maps and compass), a number greater than enrolments at nearby Mapleton State School.

The *QLD Education Act (2006)* requires that a person must not be on the premises of an educational institution unless the person has lawful authority or a reasonable excuse for being on the premises. Like any school, it is an expectation that any visitor on the property must have authorisation to be on the property and signed in at reception (and in the case of contractors, watched our induction video).

We hope this clarifies why, to ensure the safety of children onsite we have appropriate signage and CCTV cameras at points of entry, and all QCCC staff, especially those who live onsite, are empowered to immediately address incidents of trespass. We trust our community can understand the heightened child safety expectations required of the property and cooperate with us to achieve them.

This small butterfly is the indigo flash (*Rapala varuna*). If it doesn't look very 'indigo', that's because the sparkling blue part is on the upper wing, which stays hidden when the butterfly is at rest.

The indigo flash caterpillars feed on the soap tree (*Alphitonia excelsa*) a common tree in many of our bushland reserves and parks.

RangeCare®
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NATIONAL WINNER
ORGANISATION AWARD WINNER
Blackall Range Care Group

Free Wills Information Seminars

Know your rights and the importance of preparing a Will

RangeCare has partnered with local, community-focused law firm Easton Lawyers to offer you an educational seminar to help you understand the importance of having a Will.

Topics covered in the seminar include:

- Who to appoint as a Power of Attorney
- What is an Advanced Health Directive
- What documents are valid when preparing and executing a Will
- Why is it a good idea to have a Will
- When your Will is no longer valid, and more.

Light refreshments will be served.

Who can attend this event?
RangeCare clients, staff, and volunteers.

Maleny
Date: Monday 4th March
Location: 23 Maple Street, Maleny
Time: 2:30pm - 3:30pm

Gympie
Date: Thursday 14th March
Location: 24 Barter Street, Gympie
Time: 2:30pm - 3:30pm

To register your place, visit www.rangecare.com.au/wills-information-seminars or give us a call on 07 5445 7044

07 5445 7044
www.rangecare.com.au
facebook.com/blackallrangecare/
linkedin.com/company/rangecare-blackall-range-care-group-ltd

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orianapresents

DANCING QUEEN

A TRIBUTE TO ABBA AND QUEEN

Oriana Choir

Conducted by Elisabeth Wallis Gaedtke
Accompanied by a live band
Also performing: Sunshine Coast Youth Choir
Conducted by Annie Wilson

Saturday 11 May, 1:30pm & 7:30pm
Stella Maris Primary School, Maroochydore
Tickets: oriana.org.au

Saturday 18 May, 1:30pm & 7:30pm
The J, Noosa
Tickets: thej.com.au 5329 6560

ENQUIRIES & MORE INFO
PH: 0431 542 343
tickets@oriana.org.au

SCAN HERE FOR BOOKING INFO

fc lawyers
STORAGE DIRECT
orianaartsinc SUNSHINE COAST QUEENSLAND AUSTRALIA
Sunshine Coast Council

DINNER NIGHT
MAPLETON BOWLS CLUB

FRIDAY 1 MARCH

Orders taken from 6pm

Special Mains

Kathy's Penang beef curry and rice

Nita's Chicken leek pot pie with chips and salad

Dessert

Bailey's cheesecake slice

Fruit compote with ice cream

Everyone is welcome

Make this a relaxing night away from the kitchen

A 10 multi-draw raffle– be a winner

ONE LIFE

9 MARCH: 3 pm and 7 pm

110 Mins | UK | Drama/ Biopic |

VENUE: MALENY COMMUNITY CENTRE

23 MAPLE STREET MALENY

The true story of British humanitarian Nicholas Winton, who helped save hundreds of Central European children from Nazis on the eve of WW2. The youthful Winton (Johnny Flynn) is driven by a strong need to help others. In 1938 the London banker is consumed by an overwhelming urge to travel to Prague, where he is horrified by the treatment of young refugees. He returns home with a plan to obtain visas and British homes for many of them. Helped by his mother (Helena Bonham-Carter), he carries out his plan which critics dismiss as naive and unworkable. Astonishingly, in later life (now played by Anthony Hopkins), he's haunted by the belief that he didn't do enough. His bravery and selflessness go unrecognized for many years—until a chance discovery changes all that!

MATINEE SCREENING

Doors Open at 2:30 pm for licensed bar, tea/coffee, slices
Movie Starts at 3:00 pm

EVENING SCREENING

Doors Open at 6 pm.
Movie starts at 7:00 pm licensed bar, tea/coffee, slices
BYO nibbles, meals or restaurant takeaway (Tables provided)
https://malenyfilmsociety.au/project/one-life/

Recent Development Applications in Divisions 5 and 10

This is an initiative of Pop Up Community News aimed at providing information and heightened awareness as to developments in our region. Hopefully the information will provide a spring board should anyone wish to dive deeper into any specific application. Using the link: https://developmenti.sunshinecoast.qld.gov.au/ or entering "development i sunshine coast" into a browser will take you to the Development i home page.

Click on "Application Search" and enter the application number. Select "Details" if you want to dive deeper. The supporting documents can typically be downloaded or viewed by selecting "Application Documents" in the right hand section of the screen.

In the listings below, typically a brief editorial comment is provided after each application description. These are shown in *italics.*

Lodged: 22/02/2024 DA#: OPW24/0061
88-92 Foley Rd WOOMBYE - Roadwork, Stormwater, Earthworks and Vegetation Clearing - Barry Wilkes - Subdivisions QLD Pty Ltd. *In association with RAL23/0026, 1 lot into 2 lots.*

Lodged: 22/02/2024 DA#: MCU24/0040 & OPW24/0062
39 Mooloolah Rd MOOLOOLAH VALLEY - Dual Occupancy - Ms Francis Ross & Mr Ian J Ross - URBN Town Planning Pty Ltd. OPW24/0062: Earthworks, Stormwater. *Existing dwelling renovated, 3 bed, 2 bath, and new dwelling, 2 bed, 2 bath, plus new carport, under drip line of mature pine trees. On 1264 sqm.*

Lodged: 31/01/2024 DA#: OPW24/0060
48 Dorans Rd NORTH ARM - Drainage Work, Earthworks, Landscaping & Clearing Vegetation - Other Change to Existing Approval (Reconfiguring 1 Lot into 6 Lots) - Pace Planning - COMBINED RAL20/0154.03. *Long running development of 1 lot into 6.*

Lodged: 26/02/2024 DA#: MCU24/0043
489 Old Caloundra Rd GLENVIEW - Material Change of Use to Establish a Dwelling House - Lee and Melissa McChesney - Locality Planning and Consulting. New *4 bed, 2 bath, media and remote shed.*

Lodged: 26/02/2024 DA#: MCU24/0044
339 Blackall Range Rd WEST WOOMBYE - Secondary Dwelling - Lance Bates and Vanessa Bates - Murray Bell Planning Co. *2 bed, 1 bath in addition to existing house on 55,586 sqm.*

Lodged: 24/02/2024 DA#: OPW24/0071
189 McGilchrist Rd PALMWOODS - Vegetation Clearing - Paul James Burke and Joanne Maree Ryan. *Continuing to clear vegetation. Previous application* OPW21/0352

02/07/2021.

Lodged: 23/02/2024 DA#: MCU24/0042
116-126 Mineshaft Rd EERWAH VALE - Material Change of Use to Establish a Secondary Dwelling - Chris and John Bath - Brennan Planning Pty Ltd. *79sqm secondary dwelling with accommodation for 4 , 1 bathroom, on acreage.*

Papilio aegeus, the orchard swallowtail or large citrus butterfly is a species of butterfly from the family Papilionidae, that is found in eastern Australia and Papua New Guinea.

The larvae of this species are sometimes considered a pest, due to their feeding on citrus leaves in suburban gardens.

RESPECT - THE ARETHA FRANKLIN STORY

Saturday 16th March, 7:30pm-10:00pm

The Events Centre

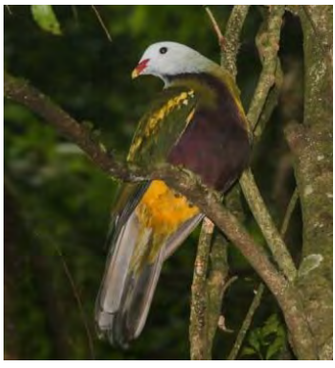
Civic Centre, 20 Minchinton St, Caloundra 4551

Telephone: 5491 4240

The electrifying show RESPECT journeys through Aretha Franklin's courageous life of love, tragedy and triumph, while showcasing her greatest hits over the last 50 years! Starring Australia's 'Soul Mama', Angie Narayan, RESPECT is a masterful piece of storytelling about family, loyalty and victory, layered with glorious harmonies and sassy repartee. Joining Angie on stage are performers, Ezekiel Narayan, Shelley Davies and the incredible Faith Sosene, top 5 finalist who blew Australia away in The Voice Season 11, together with an electric band! Hold on to your seat as you journey into this earth-shattering Aretha experience that is RESPECT!

More information:

https://events.sunshinecoast.qld.gov.au/event/20735410-a/respect-the-aretha-franklin-story



MARY CAIRNCROSS SCENIC RESERVE: AUTUMN BIRD SURVEY

Friday, 15th March, 7:00am - 8:00am

Mary Cairncross Scenic Reserve, Mountain View Road, Maleny

Telephone: 5494 3023

Mary Cairncross Scenic Reserve is a hotspot for diverse birdlife. Join bird enthusiast Rob Kernot and a team of volunteers to help survey the birds in the reserve.

Our team conducts regular seasonal bird surveys in the reserve to monitor the different types and numbers of birds and how this changes with the seasons.
The survey takes place over 30 minutes on two sections of track. It is great if you are familiar with local birds and their calls but not a requirement. Anyone with an interest in birds is welcome to join. Binoculars are useful.

Numbers are limited and registration essential.

Meet in front of the Rainforest Discovery Centre at 6.45am.

LOCAL

Australian water dragon

Intellagama lesueurii

The water dragon can be identified by a distinctively deep angular head and nuchal crest of spinose scales that joins the vertebral crest extending down the length of its body to the tail. Enlarged spinose scales are also present across the lateral surface, unevenly distributed amongst regular keeled scales. The jowls are large and ear is exposed and of almost equal size of the eye. The dorsal ridge and tail are laterally compressed and the limbs are strong and robust with particularly long toes on the hind legs. The tail is capable of regeneration when lost, furthermore, regenerated tails can also grow back when severed.

The subspecies, the Eastern water dragon, *Intellagama lesueurii lesueurii*, has a grey to brown grey colour above with patterns of black stripes.

The habitats available to this species differ greatly over its distribution, from tropical rainforest in the north to alpine streams in the south. Flowing water with ample tree cover and basking sites appear to be the key to habitat preference for this species. Water dragons will be found in built-up urban areas provided that the above conditions can be found and water quality is fair.

The Eastern subspecies, *Intellagama lesueurii lesueurii,* occurs along the east coast of Australia from Cooktown in the north down to the New South Wales south coast to approximately Kangaroo Valley.

Frequently sighted and heard across the Range. Over the years there has always been a dragon at the Mapleton Library and Community Centre and he often tries to enter to select a book to read—note the meaning of the scientific name:

The *Intellagama* portion of their scientific name means 'intelligent lizard. ' The *lesueurii* portion of the scientific name is in honour of the French naturalist Charles Alexandre Lesueur.

This little fellow was found in a plastic container on the top shelf of the store room into the Library Centre.

Once returned to the leaf litter outside, he quickly disappeared under the nearest herb plant.

Information requested

My citrus are dropping off and some one told me it was caused by a moth. Can you help me, please?

The culprit is a greedy moth, *Eudocia fullonia* - the nocturnal fruit piercing moth.

The moth of this species is an agricultural pest, causing damage to any sort of fruit by piercing it with its strong haustellum in order to suck the juice. The moth feeds at night, and attacks unripe as well as ripe fruit.

The hole pierced by the moth allows the entry of fungi and other agents which then cause the fruit to rot prematurely.

During 2020 there was a large number of moths and losses were great. Reports to date do not indicate the problem as great. You will notice many gardeners are netting their trees but you must seal all round, otherwise the moths will find an entry.

Acacia complanata

Flat-stem wattle

Acacia complanata is found on loamy and gravelly soils, often on low ridges. In south-east Queensland it occurs as an understorey shrub in open forest dominated by scribbly gum (*Eucalyptus racemosa*) or spotted gum (*Corymbia citriodora*). It will at times reach 5-6 metres in height, but is more usually a large, somewhat open shrub with slightly arching branches. Phyllodes are bright green, a typical leaf shape with several longitudinal veins, and end in a rounded tip. Stems are "winged" giving them a flattened appearance, with the flowers being the most attractive feature. They are large bright yellow balls, in dense or open groups, with a very light perfume which does not irritate. While flowering occurs mainly from late spring until autumn, this acacia will produce flowers at other times of the year. This has no connection with rainfall, as is sometimes thought. Seeds are not always produced after flowering.

A.complanata is an ideal suburban garden species, which can be pruned to the desired size. Due to the presence of a lignotuber, it regrows, in natural conditions, following fire or any damage by grading or bulldozing. If it is lightly pruned from the start, it will become a delightful shrub, rewarding the gardener with its lovely flowers several times a year, especially during summer, when wattles are not usually in flower. It is long-lived, up to 20 years or more, with apparently no attacks by borers (the bane of wattles!).

Across the Range and the Hinterland, this species has continually flowered from early December 2023 until now.

WEED

Cinnamomum camphora

Camphor laurel

Native to Taiwan, Japan and parts of China, camphor laurel was introduced to Australia in 1822 as a garden ornamental. Since then, feral populations have established from the Atherton Tableland in north Queensland to Victoria. Camphor laurel is common in south east Queensland.

Camphor laurel is an attractive shade tree but can be very invasive, replacing pasture and native vegetation.
You must manage the impacts of camphor laurel on your land.
You must not give away, sell or release camphor laurel into the environment.

- Large evergreen tree up to 20m tall.
- Leaves are glossy, waxy, smell of camphor when crushed.
- Flowers are small, white.
- Leaves are lush, bright green when new, darker green when mature.
- Fruits are spherical, berry like, 10mm across, green at first, changing to black when ripe.

Particularly common along watercourses and on soil types that once supported rainforest.

Currently there are seedlings coming up everywhere. Easy to pull if found at the 6-10 leaf stage so keep your eyes peeled. If unsure, crush a leaf and you will know [smells of camphor when crushed].

DON'T FEED BIRDS

Contributed by BirdLife Australia

Bread, crackers or other human snacks

While bread is often the first food people reach for to feed the birds around them, it's often highly processed and high in salt. Bread contains little to no nutritional value for birds, and quickly fills a bird's stomach with empty calories and none of the energy or nutrients they need to stay healthy. Larger pieces can easily get stuck in their crops (the specialised pouch in their oesophagus used for storing food).

Bread also gets mouldy quickly, which is especially toxic for birds – mould spores can cause Aspergillosis, a potentially fatal respiratory infection. And in water, bread left uneaten by ducks and other waterfowl can even cause a build-up of toxic algae.

In short, feeding birds bread is never a good idea.

Mince and raw meat

It might be cheap and convenient, but mince also tops the list of bird-feeding no-no's. Mince lacks calcium and other important nutrients that carnivorous and omnivorous birds would usually get from their natural diet. Raw meat and mince can lead to calcium deficiencies in young birds – which in turn can cause brittle bones and beaks and even long term metabolic bone disease. Mince can also stick to their beaks, causing bacterial infection. By feeding birds mince, you could be killing them with your kindness. Raw meat is also high in the wrong kinds of nutrients and minerals (like fat and phosphorous), so if you feed other meat to birds, make sure to add an insectivore supplement to it.

Honey and sugar

Nectar-feeding birds like honeyeaters thrive on a diet of nectar and pollen from our native flowers, and other naturally occurring sugary sweets like lerps, manna and honeydew. This food is abundant and rich in the energy and complex sugars they need to survive – unlike mixing water with sugar or honey, which are high in the wrong kinds of sugars.

Instead, we recommend planting a variety of flowering native shrubs as a safe and healthy food source for the nectar-feeding birds in your backyard.

Reduce the spread of disease

Bird feeders and feeding stations can spread diseases like psittacine beak and feather disease if they're not cleaned thoroughly and regularly.

To avoid this, clean and scrub the area daily using a wildlife disinfectant or bleach solution by diluting bleach in water at 1:20 (1mL of bleach for every 20mL of water).

Other tips for reducing the spread of disease:

- Replace food daily as it can rot, grow mould, introduce or spread disease or infection and attract rats, mice and other predators.
- Use multiple feeding stations for different types of food, and put food out at different times of day.
- Don't feed large flocks of birds at the same time and stop feeding birds if you observe any sick or unwell birds among them.

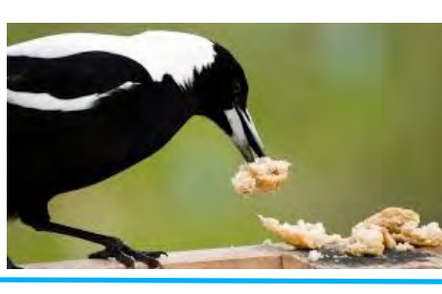
What are you really feeding?

Birds are especially vulnerable to predation when feeding, so remember to place feed stations out of reach of cats and other predators. Keep pets and pet food indoors, away from birds and rodents.

Kangaroos and wallabies can suffer from 'lumpy jaw' if they eat bird seed, so keep feeders out of their reach. And avoid feeding abundant, pest or introduced species, including rainbow lorikeets and common mynas, as increasing their population decreases and displaces other bird populations.

Plant a bird friendly garden

The best way to help the birds in your backyard long term is to provide them with feeding and breeding habitat. To create more natural feeding resources for your feathered friends, check out the locally produced book 'Range and Hinterland Gardening'.



Feeding birds bread is never a good idea.

Community Service

JP SERVICE

Monday morning from 8:30am to 11:30am without an appointment at the Mapleton Library and Community Centre.

Or

Telephone 5445 7182 for a booking in Mapleton.

WELCOME PACK FOR NEW RESIDENTS
Are you a new resident?

Collect your pack from the
Mapleton Library and Community Centre

Hours: 2pm to 5pm week days (summer)
9am to 12noon Saturdays

What does the pack include?

- Brochures promoting community organisations
- Pop up Community News - a free weekly news for everyone with information about the events in your neighbourhood
- List of community organisations in both Mapleton Flaxton and Montville
- Zonta Business Directory
- Recent publications such as the History of the Mapleton Bowls Club

Also available at the COMMUNITY STALL at the Mapleton Country Market.

MAPLETON RURAL FIRE BRIGADE

Mapleton Rural Fire Brigade
Monthly Training: 5:30pm on the 2nd Tuesday of Month
Monthly Meeting: 5:30pm on the 3rd Tuesday of Month
First Officer (all operational matters): 0499 778806
Fire Warden (fire permits, safety checks): 0499 778806
Secretary (new members, administration): 0499 883019
Website: https://www.facebook.com/mapletonruralfirebrigade/
E-Mail: MapletonRFB@gmail.com
Address: 37 Obi Obi Road, Mapleton 4560
Postal: PO Box 366, Mapleton 4560

ST. MARY'S ANGLICAN CHURCH

On the green, Montville

Sunday Eucharist at 8am
Wednesday Meditation with Maureen 9am
For general enquiries contact Carole Phillips at 5445 7839
Baptisms and weddings enquiries welcome.

Contact Rev'd Deb Bird 0457 519899
MalenyAnglicanParish.com.au or angmaleny@westnet.com.au

Montville Uniting Church

Services are held each Sunday at 8.15 am, except on the 5th Sunday of a month when a combined service is held at Maleny Uniting Church at 9.45pm. All welcome.

Contact: Anita Monro (Rev. Dr)
Minister on Supply, Blackall Range Uniting Church
E: minister@ourcommonlife.org.au
M: 0409 273 059

The church is open as a Reflection Gallery every day from at least 10am till 3pm.

Date Claims

1 March Bingo 9:30 to 11:30am, Mapleton Library and Community Centre.

1 March Friday Night Dinner, Mapleton Bowls Club, 6pm.

3 March Sunday, Spring Pastures Bushcare Group, 8am-10am.

3 March Sunday, Clean up Australia.

3 March Montville, Planting food and habitat trees for koalas.

4 March Meet the Division 10 Council candidates, Mapleton Bowls Club 6:30pm for 7pm.

8 March International Women's Day.

8-9 March Sunshine Coast Windbourne venues.

13 March Zonta plant sale, Maleny.

13 March Wednesday Fairfax Seniors Forum, RSL Nambour

16 March Sunshine Coast Council elections.

17 March Sunday afternoon, Lovers of Opera Cinema, Mapleton Library and Community Centre.

17 March St Patrick's Day.

23 March Mapleton Country Market, 8am – noon, Mapleton State School car park.

23-24 March Montville's Got Talent - A Talent For Murder, Montville Hall.

28 March-1 April Easter Art Exhibition, St Mary's Hall, Montville.

14 April, Sunday Book Fair and Mini Market, 8am to 12noon, Mapleton Library and Community Centre.

4—6 May Maleny Wood Expo.

31 May—1 June Maleny Show.

5—7 July Queensland Garden Expo.

5 October Maleny Garden Club Spring Fair.

12 October, Sunday Book Fair and Mini Market, 8am to 12noon, Mapleton Library and Community Centre.

24 October Lions Welcome to the Hinterland Dinner, Flaxton Gardens.

BINGO

Meet friends, laugh together and enjoy

A delicious morning tea.

1 March 9:30 to 11:30am $12

Where: Mapleton Library and Community Centre

International Women's Day Event March 8 at Secrets on the Lake from 7:30am.

Raising funds for ZONTA and Maleny Neighbourhood Centre.

https://www.trybooking.com/events/landing/1171705?fbclid=IwAR3XNsKc-9LerwjPb9uC31MIRO4nJhcXEhhlz_X1jXIDiTsTtRQMnGBYHFs

Repeats

BLACKALL RANGE
Visual Artists

EASTER ART EXHIBITION

Visit St.Mary's Hall in Montville and view our stunning paintings in acrylics, oils, watercolours & pastels.

These are for sale from Thursday 28th March to Monday 1st April 2024 and open daily from 10am to 4pm.

All commissions & donations go towards the maintenance of this Historic Hall.

Like us on Facebook

www.blackallrangevisualartists.com

Repeats

RangeCare®
BLACKALL RANGE CARE GROUP LTD

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Blackall Range Care Group

Op Shop Volunteers Needed!

Would you like to do something that is both rewarding and benefits your community?

RangeCare is currently seeking volunteers for a fun, social and interactive role in our Op Shop.

The funds raised through Op Shop sales are directed back to providing quality care and support to people along the Blackall Range and surrounding areas, so that they can continue to live independently in their homes.

When are volunteers needed?
We are looking for volunteers with flexible availability for relief shifts Monday to Saturday.

Where is the RangeCare Op Shop?
The Old School House, 17 Obi Obi Rd, Mapleton

What will you be doing?
Our Op Shop volunteers help by working on the shop floor, preparing donations for display, and helping sort through the donations.

Join the people who make a difference in our community.

To register or to find our more contact our Volunteer Coordinators, on 07 5445 7044 or email volunteers4@brcg.org.au

07 5445 7044
www.rangecare.com.au
facebook.com/blackallrangecare/
linkedin.com/company/rangecare-blackall-range-care-group-ltd

HUGE THANK YOU TO THE GENEROUS COMMUNITY MEMBERS FOR THE AMAZING DONATIONS LEFT AT THE MAPLETON LIBRARY AND COMMUNITY CENTRE.

'Thank you for the delivery made yesterday for our ladies. Everybody has walked out of the office with an armful of goodies looking very grateful. Please let your community know that everything was much appreciated', email received from the Sonshine Manager.

ITEMS FOR DOMESTIC VIOLENCE VICTIMS

Special request for the following items has been received.

Tea-towels
Towels
Undies [ladies all sizes, plus children all sizes]
These would be appreciated.

Remember Lions is collecting mobile telephones. Drop any retired mobiles you have into the Library Centre and these will be collected by Lions who forward them to the domestic violence victims support group.

SonshineSanctuary.com

Repeats

Take along something to swap, and share at:

Kureelpa Crop Swap
Saturday 2nd March

PLEASE NOTE: NOT HELD AT THE HALL THIS MONTH

Held the first Saturday of every month at 9am in the cooler months and 8am in the hotter months, at the Kureelpa and Dulong Community Hall, corner Jewett Road and Nambour-Mapleton Road, Kureelpa.

Sunday 3rd March

Clean Up Australia Day

Clean Up Australia Day is an annual event that encourages communities across the country to come together and participate in cleaning up their local environments. Volunteers gather to pick up rubbish, remove debris, and engage in various environmental improvement activities.

Check out what is happening in your area: https://www.cleanup.org.au/supporting-councils

Montville: A koala habitat tree planting is being planned on this date

The Hinterland Bush Links is planning to plant 200 food and habitat trees for koalas. The team will provide guidance and encouragement so come along in sun safe clothing and gloves.

Register: https://events.humanitix.com/community-koala-habitat-planting-day

Repeats

Recent Development Applications in Divisions 5 and 10

This is an initiative of Pop Up Community News aimed at providing information and heightened awareness as to developments in our region. Hopefully the information will provide a spring board should anyone wish to dive deeper into any specific application. Using the link: https://developmenti.sunshinecoast.qld.gov.au/ or entering "development i sunshine coast" into a browser will take you to the Development i home page. Click on "Application Search" and enter the application number. Select "Details" if you want to dive deeper. The supporting documents can typically be downloaded or viewed by selecting "Application Documents" in the right hand section of the screen.

In the listings below, typically a brief editorial comment is provided after each application description. These are shown in *italics.*

Lodged: 14/02/2024 DA#: RAL24/0006
FAST TRACK - 141 Thompson Rd TOWEN MOUNTAIN - Establishing Access Easement - C. & H. Newton - C/- Murray & Associates (Qld) Pty Ltd. *Part of RAL24/0006.*

Lodged: 14/02/2024 DA#: OPW22/0565.01
236 North Arm Yandina Creek Road NORTH ARM - Construction Inspections for Street Lighting - Auspower Connect Pty Ltd. *Associated with RAL21/0135*

Lodged: 13/02/2024 DA#: POS24/0014
20 Mulholland Pl NAMBOUR - BFP (duplex) SP346639 - Bennett & Bennett. *In association with MCU21/0449. Part of Tulipwood Estate.*

Lodged: 19/02/2024 DA#: MCU24/0036 & OPW24/0053
FAST TRACK - 21A Wakefield St WOOMBYE - Material Change of Use to Establish a Dual Occupancy - C Beytell - Murray and Associates QLD Pty Ltd - COMBINED OPW24/0053 & FAST TRACK - 21A Wakefield St WOOMBYE - Stormwater, Landscaping and Vehicle Crossovers - Material Change of Use to Establish a Dual Occupancy - C Beytell - Murray and Associates QLD Pty Ltd - COMBINED MCU24/0036. *Existing 2 bed, 1 bath cottage on 2023M2 gains 2 by 4 bed, 2.5 bath, 2 car, with MPR. Lot coverage set at 49% not including hard surface driveways.*

Lodged: 16/02/2024 DA#: POS24/0018
10 Hilltop Cres MALENY - 2 x drainage easements as required by RAL18/0175 - conditions 16,19 & 20 and RAL22/0071 - condition 33 (see Eddie for details - email from John Gillespie-Cadcon).

Lodged: 20/02/2024 DA#: POS24/0022
7 Lingara Avenue PALMWOODS - Reconfiguration of 1 lot in to 2 lots & Drainage Reserve - SP345715 - Bennett & Bennett. *In association with RAL20/0064.*

Lodged: 20/02/2024 DA#: RAL22/0071.01
75 Dixon Avenue MALENY - Minor Change to Development Approval - Sequencing of Subdivision - Bignose Developments Pty Ltd - CadCon Surveying and Town Planning. *Sequencing change relating to sewerage.*

Lodged: 19/02/2024 DA#: RAL20/0154.03
48 Dorans Rd NORTH ARM - Other Change to Existing Approval - Reconfiguring 1 Lot into 6 Lots - Pace Planning. *Related to drainage, landscaping, earthworks, vegetation clearing.*

Lodged: 19/02/2024 DA#: RAL22/0039.01
811-891, 894-968 Obi Obi Rd, 30 Staves Rd BLACKALL RANGE - Minor Change to Development Approval - Reconfiguring of 3 Lots into 3 Lots - Sustainable Planning Pty Ltd.

A guide to feeding wild birds in Australia
Contributed by BirdLife Australia

Feeding wild birds is a controversial issue, especially in Australia. In some countries, it's actively encouraged – but in Australia, official advice from councils, environment departments and conservation and wildlife rescue groups warns against the dangers of feeding wild birds. In Western Australia, it's even illegal to feed native fauna, including birds, without a licence.

As a bird conservation charity, BirdLife Australia does not encourage wild bird feeding.

In this guide, we unpack the complexities of wild bird feeding and address supplementary feeding, reducing the spread of disease and nutrition advice for birds for your consideration.

So, if you are going to feed wild birds, here's how to do it properly.

What you feed wild birds matters. Most Australian birds need a varied and balanced diet of insects and nectar, seed or fruit to stay healthy, but most people aren't feeding birds their natural diet.

Feeding birds the wrong foods disrupts this balance – and can cause serious, long term health problems including malnutrition and disease.

You CAN feed birds:

1. **Bird nectar mix**

Suitable for honeyeaters and lorikeets

You can purchase wet or dry nectar mixes from Australian pet stores. Unlike homemade mixes, these are specially formulated, nutritionally balanced and mimic the natural diets of nectar-eating birds like honeyeaters and lorikeets.

Tips: these mixes spoil very quickly and need to be replaced every few hours. Avoid this food if you cannot clean it up regularly.

2. **Fresh fruit and vegetables**

Suitable for fruit feeders such as parrots, pigeons and doves and bowerbirds

You can provide small quantities of nutrient-rich fruit and vegetables to the fruit and nectar-eating birds in your backyard – including grapes, berries, peas, leafy greens and chopped up apple, pear, tomato, melon, carrot and figs. They can also eat pieces of bananas and stone fruit, but make sure to remove the peel and stones.

Never feed birds avocado, citrus, onions or garlic – these foods are toxic for birds.

Tips: fresh produce spoils quickly and should be discarded within half a day. Avoid putting out fruit if you cannot clean it up regularly.

3. **Earthworms, mealworms and insects**

Suitable for insectivores like fantails, fairy-wrens, flycatchers and whistlers, and some carnivores like magpies and butcherbirds

Insects and invertebrates are a tasty treat for the insect and meat-eating birds in your backyard. You can purchase crickets and mealworms (either live or freeze-dried) from pet supply stores and online – or just dig up the worms in your garden! Calcium-rich commercial insectivore mix (such as Wombaroo) is also a good option.

4. **Seeds, nuts and grains**

Suitable for parrots (including cockatoos, galahs, corellas and rosellas), pigeons and doves and finches

Seed-eating birds have a varied diet of seeds from grasses, shrubs and trees – so it's best to feed them a variety of high-quality uncooked seeds, nuts and grains of different sizes, including millet, wheat, rolled oats, sorghum and peanut pieces. Commercial seed mixes (produced by pet or animal food companies) typically have higher nutritional value than generic supermarket products, and you can also purchase special nutrient-rich pellets.

Tips: try to avoid high-fat oil seeds such as sunflower, canola and safflower seeds (or only provide them sparingly). While these are very popular with birds and readily available, they are very high in fat and protein and may cause a range of health issues.

This edition – What not to feed, and reducing the risk of spreading disease.

Repeats

Get ready to immerse yourself in a celebration of creativity at the upcoming Bunya Art Exhibition, set to grace the walls of Mary Cairncross Scenic Reserve. This group exhibition showcases the talents of 15 local artists, each bringing their unique styles and mediums to depict the beauty and significance of Bunya trees. From vibrant paintings to intricate sculptures and everything in between, this diverse collection promises to captivate and inspire.

"Bunya Pine" - Julie Hanrahan - hand-painted lino print

Don't miss this opportunity to experience the magic of Bunya through the eyes of our talented artists. Exhibiting artists include: BJ Djinidjini Murphy, Bronwyn McKean, Enid Morris, Gabrielle Quakawoot, Jason Murphy, Jenni Matthews, Julie Hanrahan, Kim Herringe, Karen Shaw, Katie White, Leisa Gunton, Megan Ruby Lee, Noela Mills, Peter Hughes and Susan Haddock.

Join us for the Opening event:
Saturday 2nd March - 2.00 - 4.00pm.

Bunya Nut Cake

750 g husked Bunya Nuts
1/2 litre milk
75 g butter
300 g sugar
6 egg yolks and 6 egg whites
100 g almond meal
1 tablespoon baking powder
1 pinch salt
1 teaspoon almond essence

Boil kernels in large saucepan for approximately 1 hour until shell is soft enough to split and remove kernel.

Preheat oven to 180 degrees c.

Place kernels in food processor to reduce to a smooth paste or puree, carefully adding milk to soften the paste. Mix softened butter with egg yolks and sugar until smooth and fluffy, then hand-blend with the Bunya Nuts

Beat egg whites to a firm consistency and again hand blend with the Bunya Nut paste. Mix in one cup at a time, alternating with the almond meal and almond essence until all ingredients are fully mixed.

Pour mix into a 28 cm spring form tin, lined with baking paper. Bake for 50 mins in centre of oven. Turn heat off and leave for a further 20 mins before removing from oven to cool naturally. Do not place in refrigerator as this produces a surface moisture affecting the decorating.

LIST OF COMMUNITY ORGANISATIONS

A COMBINED LISTING FOR FLAXTON, KUREELPA, MAPLETON AND MONTVILLE

Blackall Range Care Group Ltd www.rangecare.com.au

Blackall Range Lions Club E: blackallrangelionsclub@outlook.com; face-book.com/blackallrangelionsclub/ ; http://www.brlc.org.au

Blackall Range Visual Artists www.blackallrangevisualartists.com.au

Blackall Range Woodcrafter's Guild Inc. Meets Montville Sports Ground 230 Balmoral Rd Montville. Open 8.00am to 11.30am Mondays to Saturdays.

Blackall Range Zonta Club Email: info@zontablackallrange.org.au www.zontablackallrange.org.au

Bush and Beach walking group. Meets Mapleton Public House car park on Tuesdays at 7am (winter start time) and car pools.

Hinterland Quarry Action Group
Anne Veivers 0416 155 116; aveivers@iprimus.com.au

History Group montvillehistorygroup@gmail.com

Kureelpa & Dulong Community Hall kureelpahall@gmail.com

Mah-jong Telephone 5478 6303 Mapleton Bowls Club.

Mapleton and District Community Association (MADCA) madca.inc@gmail.com https://www.facebook.com/madca4560

Mapleton Art Thursdays weekly at Mapleton Library and Community Centre. Contact: mapletonlibrary@gmail.com

Mapleton Bowls Club Telephone 5445 7479 www.mapletonbowlsclub.com.au

Mapleton Bridge Club Mapleton.bridgeaustralia.org
mapletoncontractbridgeclub@gmail.com

Mapleton Choir Kureelpa Hall 7pm, Mondays Contact: themapletonchoir@outlook.com

Mapleton Country Market every 4th Saturday at the Mapleton State School car park. Contact Paula 0419 726603 email: countrymarket.mapleton@gmail.com or find us on Facebook.

Mapleton Library and Community Centre mapletonlibrary@gmail.com www.mapletoncommunitylibrary.com Telephone 5445 7011

Mapleton Craft Group Wednesdays 9-12noon, Mapleton Bowls Club

Mapleton Hall and Sportsgrounds mapletonhall@gmail.com

Mapleton Men's Shed www.mapletonmenshed.org.au

Mapleton Movers Heart Foundation Walking Group meet in the after-noons every Monday, Wednesday and Friday at the Lilypond's carpark for enquiries call 0408 756353

Mapleton Quilters Mondays 9-12 noon, Mapleton Bowls Club

Mapleton RSL Sub Branch Matt Dykes 0427263595; mdykes7@gmail.com

Mapleton Rural Fire Brigade Telephone 0499 778806; 0499 883019

Mapleton Tennis Club mapletontennis@gmail.com www.tennis.com.au/mapleton-tennis-club

Montville Anglican Church huesong2@gmail.com

Montville Chamber of Commerce
montvillechamber@gmail.com

Montville Masonic Lodge montville260@outlook.com

Montville Rural Fire Bridage montville.rfb@bigpond.com

Montville School P&C msspandcpresident@gmail.com

Montville Uniting Church minister@ourcommonlife.org.au

Montville Village Association secretary.mva@gmail.com
www.montvillevillageassociation.org.au

MVA MARKET montvillemarket.mva@gmail.com

RangeCare OP SHOP 17 Obi Obi Road

Probus Club of North Blackall Range Secretary 0493 632703
nbrprobus@gmail.com

Range Community Gym and Fitness Centre
mapletongym@gmail.com www.rangecommunitygym.com.au

RANGE United Soccer Club info.rangeunited@gmail.com

Sunshine Coast U3A u3aoffice@u3asunshine.org.au

Tennis Club montvilletennisclub1925@gmail.com

The Flaxton Craft Group lkathypatterson@gmail.com

The Range Community Kindergarten
www.rangekindy.qld.edu.au

Wildlife Volunteers Association Inc (WILVOS)

Hotline 5441 6200 www.wilvos.org.au

Mapleton Community Facebook page

www.facebook.com/groups/mapletonqueensland/

Montville Community Facebook page

www.facebook.com/groups/780987252874906/

Flaxton Community Facebook page

www.facebook.com/groups/388815358233538

Happenings – Montville and surrounds email newsletter

Subscribe: www.montvillevillageassociation.org.au/subscribe-to-happenings/ Editor.mvahappenings@gmail.com

SCHOOLS

Blackall Range Independent School
office1@brischool.com.au

Mapleton State School principal@mapletonss.eq.edu.au

Montville State School admin@montvilless.eq.edu.au

If your organisation is not listed, please let me know. Many thanks, nita

mapletonqueensland@gmail.com

Supporting local businesses that support the community

Mapleton

La Botiga Cafe Mapleton

Cafe and Gifts · THE BARN ON FLAXTON · Est. 1997

ROGER LOUGHNAN REAL ESTATE

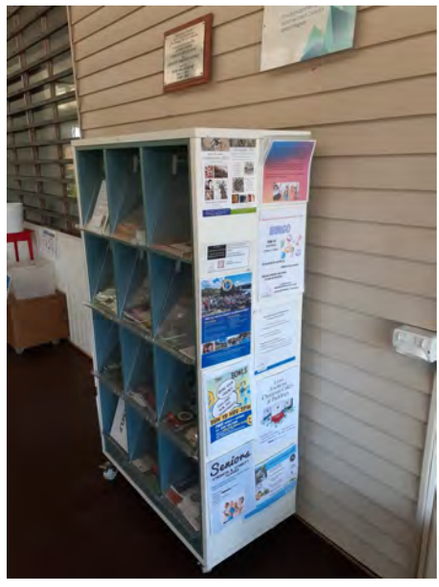
bp Mapleton IGA

Sweet & Flour · Bakery Cafe ·

LINDNER FAMILY PHARMACY
Caring for the Range

EST. 1927 QCCC
Brookfield · Mapleton · Sangudo

[Over time, more businesses will be included.]



Community brochure and poster display on the verandah of the

Mapleton Library and Community Centre.

If your organisation has brochures or short term posters, consider adding them to this community service.

If you are looking for information, check out this collection.

Currently over flowing with posters and brochures—there is something for everyone.

The 2024 Zonta Business Directory is to hand.

RECYCLING IN MAPLETON

SPECTACLES are collected by Lions at the Mapleton Library and Community Centre and the Mapleton Bowls Club.

CANS and BOTTLES - **Containers for Change**

Mapleton Bowls Club - There is a convenient collection point which is a wheelie bin placed near the entrance. Bins can be distinguished from others by its bright blue lid.

Mapleton State School P & C. All your donations would be gratefully received and will go towards resources for our school and students.

Mapleton Men's Shed These may be left in the bins in front of the storage shed in Mapleton Forest Drive.

RangeCare All fund raised will improve services for their clients. 360-362 Flaxton Drive Flaxton;36 Doolan Street, Nambour; 17B Bean Street, Maleny.

Please do not crush the cans you deposit for recycling.

MOBILE TELEPHONES
Roger Loughnan Real Estate, corner Post Office Road and Obi Obi Road Mapleton, is a registered drop off location for people to donate their old working phones with chargers etc. The staff will deliver these to DVSafe Phone. **Also place in any Lion's spectacle box.**

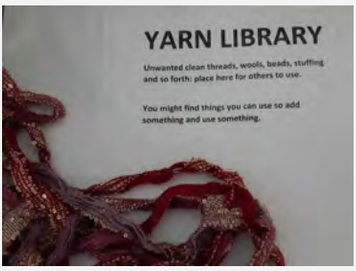
Plastic lids from drink bottles only—collection container on the Mapleton Library Centre verandah

Blister packs—plastic container on the Mapleton Library Centre verandah

Used pens—plastic container on the Mapleton Library Centre verandah

Tooth brushes—plastic container on the Mapleton Library Community Centre verandah

YARN LIBRARY- Sewing, knitting and embroidery items to swap—container inside the Library Centre



PLANT LIBRARY – there is a stand outside where you can leave you plants some one else might like.

THANK YOU to all who have already recycled many of the above items.

Procedures for Pop Up Community News management

The Pop Up Community News was launched in 2016. The News has gone through many changes with no one organisation controlling the News—it is truly a community news: for the community by the community. Auspiced by the Mapleton Library and Community Centre since 2016 which provides insurance, financial support and much more.

The News offers opportunity to promote events and provide information to all community groups right across the Range and the surrounding hinterland

Thank you everyone.

The Pop Up Community News is edited, published and distributed by volunteers.
There will be no discussion or correspondence on matters pertaining to the Pop Up Community News.

- All articles for the Pop Up Community News are to be sent to mapletonqueensland@gmail.com
- If it is important to have an article included in a specific edition, forward article as early as possible. Generally the cut off time for publication is noon Tuesday each week but as this is a fully volunteer publication inclusion is not guaranteed.
- Articles can be emailed at any time. Please include contact name and contact details.
- All articles are to be sent digitally unless otherwise pre-arranged.
- Pop up Community News is published weekly but open to review at any time. A short holiday over Festive Season each year to give the volunteers a well earned holiday.
- Currently Thursday night for distribution is the target time.
- No lost animals, political, religious, personal opinions or missing person notification will be published.
- Negative or derogatory comments will not be published.

Email mapletonqueensland@gmail.com requesting guidelines.

Anyone wishing to receive the Pop Up Community News, send your email address to mapletonqueensland@gmail.com

Anyone wishing to cease receiving the Pop Up Community News, send your email to mapletonqueensland@gmail.com

Keep informed through the web and social media

www.facebook.com/groups/mapletonqueensland/

www.mapletoncommunitylibrary.com

Remember if you wish to receive the

POP UP COMMUNITY NEWS

Email mapletonqueensland@gmail.com

Current circulation over 4,254

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